



Socially excluded people  
 see things different.  
 Give them strenght to get better  
 – become a donor.”

**SUICIDE.**

A plastic bag, or

**NUORTEN  
 KRIISIPISTE  
 HELSINKIMISSIO**

**VOIMA – THROUGH STRENGHTS AND POSITIVITY**

The purpose of the VOIMA programme is to increase physical and mental wellbeing of young people that are at risk of becoming socially excluded. The activities and functions in VOIMA group are preventive and empowering. The VOIMA group is guarded by HelsinkiMissio and it pursues HelsinkiMissio’s goal: “against loneliness”.

**HELSINKI  
 MISSIO**  
 HELSINGFORMISSION